



BE READY™

CAREER OPPORTUNITIES

Positions Available:

- **Sport Conditioning Coach (Full-Time)**
- **Sport Conditioning Coach for Elite Summer Hockey Camps (Full-Time: June-end of August)**
- **On-Ice Conditioning Coach for High Performance Summer Hockey Camps (FT & PT Positions: June-end of August)**
- **Hockey Camp Administration & Marketing (Full-Time: June-end of August)**

Twist Conditioning Inc. is a dynamic fast-paced company experiencing strong growth in the sport and fitness fields. Twist Conditioning is comprised of three unique divisions: sport performance products, performance training programs and services, and sport performance education and certifications. Twist is located in North Vancouver at our 10,000 SQ. FT. facility encompassing the Head Office, Product Showroom, Sport Conditioning Center and Warehouse. TCI is recognized as a world leader and innovator in the field of athlete conditioning and sport performance enhancement.

The Twist Team includes exercise physiologists, strength and conditioning coaches and product experts who specialize in creating exciting and innovative training methodologies in sport-specific training and functional fitness. TCI was founded by Peter Twist, 10-year veteran strength and conditioning coach of the Vancouver Canucks and world renowned Sport Scientist

The Twist Sport Conditioning Centre is the training home for professional, national, provincial and amateur level teams and athletes from many sports including: hockey, soccer, tennis, golf, baseball, basketball, softball, rugby, and more. The Twist Sport Conditioning also offers adult functional training programs for adult athletes and recreationalists. TCI's Elite Summer Hockey Camp hosts hundreds of hockey players from across North America from NHL Players to elite Junior and Minor Hockey prospects.

General Qualifications:

- Bachelor's degree or in 3rd or 4th year in a sport science field: Human Kinetics, Physical Education, or Kinesiology.
- Sport coaching background
- Experience as a competitive athlete
- Experience in training athletes
- Strong communication skills, verbal and written.
- Capable of working effectively in a team situation and also independently.
- Individuals must be able to organize and prioritize effectively and work in a multi task environment.
- On-ice coach position needs to have experience in: playing a high level of hockey, a solid understanding of how to coach the game and experience in teaching hockey skills and skating mechanics.
- Hockey Administration needs to have experience and education in marketing and business administration

Job Descriptions:

Sport Conditioning Coach (Full-time positions available)

Hands-on coaching, 1 on 1 training, team and group training, exercise and drill prescription, assessments and testing with athletes, teams, and groups from many different sports and levels.

Elite Summer Hockey Camp (On-Ice and Dryland Conditioning Coaches)

(Full-time positions available for Dryland Conditioning Coaches, On-Ice Conditioning Coaches and Coaches who have the ability to instruct on-ice and in dryland)- June, July, August, 2009

Hands-on coaching, training and consultation with athletes and teams, exercise and drill prescription, communicate with parents, coaches, medical professionals, testing, assist with administration and organizational activities.

Camp Administration and Marketing (Full-time position available- June, July, August, 2009)

Sales and marketing, registration and administration, customer service, player communications, agent/parent relations, media relations

INTERESTED CANDIDATES CAN MAIL, FAX OR E-MAIL A RESUME TO:

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